

CERTIFICATE

OF PARTICIPATION

This is to certify that

Liam Howes

Has successfully participated & completed the

5km Ezemvelo Trail Run Challenge 2017

held at Cowhouse Market.

TIME 00:35:02

PACE 07:00/km

OVERALL 4 of 38

GENDER 2 of 15

14 - 19 1 of 3

11 November 2017, Sat

Date

